



SANDRA WEBB COUNSELLING

COUNSELLING, ADOPTION, PLAY THERAPY, THERAPLAY®, SANDTRAY-WORLDPLAY™ & CONSULTATION

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CURRICULUM VITAE

Sandra Webb

ACADEMIC PREPARATION

Bachelor of Applied Science, University of Guelph, Guelph, ON, 1974
Honors program with Standing, Child Studies

Social Work Courses, York University, Toronto, ON, 1987

TRAINING AND CERTIFICATIONS

Approved Adoption Practitioner, Ministry of Child & Youth Services (1980/85, 1995 - present)

Certified Child Psychotherapist and Play Therapist Associate, London, ON, 1998

Sandtray-Worldplay®, 6 levels of training with Gisela Schubach de Domenico 1998 - 2003

Certified Theraplay® Therapist, Theraplay® Institute, Chicago, 2003

Dyadic Developmental Psychotherapy with Dr. Daniel A. Hughes, Maine, US, 2001 - 2003

Emotional Freedom Technique Level 2, Niagara Trauma Relief, 2005

First Degree Reiki, Campbellford, ON, 2005

Certified Trauma Specialist, The National Institute for Trauma and Loss, 2008

PROFESSIONAL EXPERIENCE

Please note: This employment history only lists the agency employment. Due to confidentiality, this CV does not include private clients for therapy or adoption related services.

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|---|----------------|
| C.A. S. of Simcoe County | 2011 - present |
| • Provision of therapy for foster children/foster parents/biological families | |
| Kinark Family & Children's Services | 2009 – 2012 |
| • Provision of therapy for foster children/foster parents/biological families | |
| Dan Dalton & Associates | 2009 - present |
| • Provision of therapy for children/ their families and adults | |
| Organizational Health Inc. | 2009 - present |
| • Provision of therapy for children/their families and adults | |
| York Children's Aid Society | 2008 - 2009 |
| • Provision of therapy for foster children/foster parents/biological families | |
| • Supervision of adoption placements | |
| Beginnings Counselling/Adoption Service | 2007 - 2008 |

- Birth parent counselling
- Prince Edward County Children's Aid Society** 2007 - 2011
 - Supervision of sibling groups on adoption probation
 - Provision of therapy for foster children and their adoptive parents
- Brant Children's Aid Society** 2007 - 2010
 - Update domestic homestudy
 - Supervision of adoption placement
 - Provision of therapy for foster children and their adoptive parents
- ReachingOut Family Homes** 2006 - 2010
 - Provision of therapy for foster children, their foster parents and birth families
- Northumberland Children's Aid Society** 2005-present
 - Provision of therapy for foster and adoptive children and their families
- Treatment Foster Care** 2005 - 2009
 - Consultation regarding adoption cases
 - Presentation to staff about adoption
 - Provision of therapy for foster children, foster/adoptive/ biological families
- Phoenix Residential Treatment Services** 2005 - 2009
 - Provision of therapy for children and group home parents
- Hastings Children's Aid Society** 2005 – present
 - Provision of therapy for foster children, foster families and biological families
 - Provision of therapy for children on adoption placement
- UFCW Canada Local 12R24** 2004 – 2010
 - Employee Assistance Program
 - Provision of therapy for adults
- Native Child & Family Services** 2004 - present
 - Provision of therapy for foster children, their foster parents and birth families
- Family & Children's Services of Waterloo,** 2004 - 2012
 - Provision of therapy for adoptive/foster and biological families.
- Adoption Resource & Counselling Service** 2004 - 2011
 - Homestudy updates
 - Birthparent counselling
 - Supervision of domestic adoptions
- State Farm Insurance** 2004 - 2009
 - Provision of therapy for children and their families
- Durham Children's Aid Society** 2002 - 2011
 - Provision of therapy for children, their foster families and their biological families
- Beginnings Adoption Services of Ontario** 2001 - 2010
 - Birthparent counselling
 - Supervision of adoption placement
- Kawartha-Haliburton C.A.S.** 2001 - 2006
 - Provision of therapy for foster children, their foster parents and biological families
- PVNC Board of Education, Peterborough** 2000 - 2008
 - Provision of therapy for a blind child
- Child & Family Services of Timmins, ON** 2002 - 2003
 - Provision of therapy for foster children and their foster parents
- Bridgeway Family Homes, Cobourg** 1999 - present
 - Homestudies for foster homes
- Toronto C.A.S.** 1999 - present
 - Provision of therapy for foster children, their foster parents and biological families
- Toronto Catholic C.A.S.** 1999 - present
 - Provision of therapy for foster children, their foster parents and biological families

- Mon Ami Children's Services Inc.** 1998 - 2002
- Provision of therapy for foster children and their foster parents
- CJ Brown & Associates** 1996 - 2007
- Employee assistance program - therapy for children/families and adults
- Five Counties Adoption** 1996 - 2003
- Homestudies for domestic and international adoption
 - Supervision of adoption placements/Birthparent counselling
- Northumberland C.A.S.** 1994 - 1998
- Behaviour management worker 1993 - 1996
 - Social Worker, Intake Team 1990 - 1991
 - Social Worker, Adoption Worker 1987 -1990
 - Social Worker, Intake Team 1986 -1987
 - Social Worker, mixed 1985 -1986
 - Social Worker, front line, adoption 1976 -1980
 - Committee for Intake Feasibility
- Ministry of Community & Social Services** 1980 - 1986
- Homestudies for Families wanting to foster Refuge Minors
- Ministry of Children & Youth Services** 1979 - present
- Private Adoption Practitioner
 - Homestudies for domestic and international adoption/Birthparent counselling
- "56" Colborne, Oshawa, ON** 1975 - 1976
- Child Care Worker, group home
- Stepping Stones Day Nursery, Oshawa, ON,** 1974 - 1975
- Supervisor private daycare with 120 children

TEACHING

- Sir Sandford Fleming College, Haliburton Campus, Haliburton, ON,** 2002 - 2007
- Expressive Arts Program, teaching Sandtray-Worldplay®, Play Therapy
- Canadian Play Therapy Association, London, ON,** 2003
- Play Therapy Certificate Program teaching Sandtray-Worldplay®
- Sir Sandford Fleming College,** 1999
- Human Growth & Development

PRESENTATIONS/WORKSHOPS by SANDRA WEBB

- Joys and Frustrations of Parenting, Cobourg, ON (April 2012)**
- One day workshop for parents, co facilitated with Joanna Wiersma
- Joys and Frustrations of Parenting, Cobourg, ON (February 2012)**
- One day workshop for parents, co facilitated with Joanna Wiersma
- Women Without Offices, Port Hope, ON (2011)**
- Presentation about the Chamber of Commerce and small business
- Creating Joy, Finding Peace, Cobourg, ON (2011)**
- 10 week group for women at my office, co facilitated with April Shaw
- Living a Passionate Life with an Open Heart, Cobourg, ON (2011)**
- 6 week group for women at my office, co facilitated with April Shaw
- Inner Wheel, Cobourg, ON (2010)**
- Presentation about Haiti
- Sir Sandford Fleming College, Cobourg, ON**
- Cobourg campus, Play Therapy, Theraplay®, Adoption

- Cobourg campus, Students came to my office for presentations, 2005 – 2010
- Peterborough Campus, Play Therapy/Sandtray/Adoption, 2008, 2009

Ryerson University, Toronto, ON

- Dyadic Developmental Psychotherapy/Theraplay®, Play Therapy, 2008, 2009

Adoption Council of Ontario, Toronto, ON

- Parent's Day on Attachment and Adoption, 2008
- Parents Day on Adoption Options, 1999
- Parents Day on Play Therapy, 1990

North American Council on Adoptable Children & The Adoption Council of Canada, Ottawa (2008)

- Workshop on meeting the needs of complex, hurting children

Early Years Center, Cobourg, ON (2006)

- 8 week Theraplay® group for adoptive families co presented with Donna Cuthbertson and Hannah Sun-Reid

Adoption Private Practitioners Association, Toronto, ON

- Therapy with children and families, mixed modality to Adoption Practitioner/Ministry of Child & Youth. Co presented with an adoptive father about the therapy with his children

Treatment Foster Care, Cobourg, ON (2006)

- Staff of Northumberland, Kawartha-Haliburton and Durham CAS
- Mixed modality presentation with an adoptive father about the therapy with his children

Ontario Art Therapy Association Conference, London, ON (2005)

- Presentation on meeting the needs of complex, hurting children

Business Professional Women, Cobourg, ON (2005)

- Presentation on international Adoption and Russia

Ministry of Community and Social Services, Toronto, On (2004)

- Adoption Training Day for public/private adoption workers regarding 2003 Russia trip

Adoption Council of Ontario and Ministry of Community and Social Services (2002)

- Seeds of Change Adoption Conference, Toronto
- Co presented with Heather Lawrence on Theraplay®

Northumberland Child Development Centre, Cobourg, ON

- One day workshop co presented with Hannah Sun-Reid on Separation/Divorce

Ontario Association of Children's Aid Societies

- Panel of Private /Public Adoption for managers and supervisors of CAS, 1998

PROFESSIONAL TRIPS/PRESENTATIONS OUT OF THE COUNTRY

Haiti, Port au Prince, 2010

- One week trip to Haiti to create programming for a girl's home. The girls had been sexually abused in the tent camps after the hurricane, 2010
- Invited to Haiti by Mission of Tears, Toronto, ON
- Programming in conjunction with Brian Nichols, Peterborough, ON

China, Tianjin 2010

- Visited the State Orphanage and two private orphanages with colleagues/Play Therapists, Donna Cuthbertson and Hannah Sun-Reid
- Discussed Play Therapy & Attachment with staff

Russia, St. Petersburg 2009

- Attended the conference, Attachment Disorder and Therapeutic Work at Raoul University
- Presented on therapy using mixed modalities of Dyadic Developmental Psychotherapy, Sandtray-Worldplay® and Play Therapy; Presented a workshop on Sandtray-Worldplay®
- Visited Orphanage #1 for children with mental and physical disabilities

Ireland, Dublin 2003

- Best of Two Worlds Adoption Conference
 - Workshop on Theraplay® co presented with Heather Lawrence
- Russia 2003**
- Twelve day professional visit. Invited by Mission of Tears along with Pat Fenton and Arlene Klie to meet with the Ministry of Education, orphanages, judges and prosecutors.
- U.S., Boston, Mass 2002**
- Assistant, Three day Introductory Theraplay® course
- U.S., South Carolina 2002**
- Assistant, Three day Introductory Theraplay® course
- Northern Ireland 1998**
- Consultation trip with a prospective adoptive family regarding a prospective adoptive child
- Russia 1997**
- Two week professional visit; met with adoption personnel including judges, doctors and orphanage staff; Attended an International News conference about adoption
 - Attended an International Conference in Moscow with Estonia, Great Britain, Russia and Quebec on adoption and foster care; Attended International Conference in Samara
 - Visited orphanages in Samara and Ivanova

TRAINING ORGANIZED AND ATTENDED BY SANDRA WEBB

Sandra Webb has brought these professionals to Cobourg, ON to provide workshops and training for professionals and parents.

- Dr. Daniel A. Hughes, Maine/Pennsylvania 2004 - 2009**
- 1 day workshop on School Crisis, **2009**
 - 1 day workshop on Adult Attachment, **2009**
 - 1 day workshops on Dyadic Developmental Psychotherapy (DDP) , **2004 - 2008**
 - 3 day Advanced on DDP Clinical Supervision, **2006 – 2009**
- Dr. Becker Weidman, Williamsville, New York 2003**
- 2 day workshop Dyadic Developmental Psychotherapy
- Dr. Gisela Schubach De Domenico, California 1998 – 2003**
- International workshops, Sandtray-Worldplay® with participants from across Canada and U.S.

OTHER TRAINING ATTENDED

- How to Raise Calmer/Happier Children, Hannah Sun-Reid, Port Hope, ON June 2012
- True Colours, Lucia Lee, Cobourg, ON May 2012
- Finding a Way: Resolving Grief and Loss, Trauma Learning Center, May, 2012
- Bullying, Barbara Coleroso, Bowmanville, ON, 2012
- Infertility and the Implications for Adoption, T.O. ON, March 2012
- Trauma Informed Care, Learning Center, online, 2011
- Trauma Debriefing, Trauma Learning Center, online, 2011
- ADHD and Trauma, Trauma Learning Center, online, 2011
- Adlerian Psychology with Dr. Wes Wingett, Dr. Dan Dalton and Associates, Burlington, ON, 2010
- Mindfulness Stress Reduction, Barbara Wilkinson, Burlington, ON
- A Picture of the Future, Dr. Dan Dalton & Associates, Burlington, ON, 2010
- Open Hearts, Liz White, 2009
- Releasing our old friend bitterness: making room for miracles. Weekend retreat, Liz

- White, psychodramatist, Port Perry, ON, 2009
- Sandplay Training/Canadian Sandplay Association, Toronto, 2008, 2009
 - Monthly supervision group with Liz White, 2008 – present
 - Beyond Consequences with Heather Forbes, 1 day, Toronto, ON, 2008
 - FASD 2 day training with Donna Debolt, Toronto, ON, 2008
 - Two day Soul Collage, Rita Benson, Oshawa, ON, 2008
 - One day Soul Collage with Rita Benson, Oshawa, ON, 2007
 - One day Theraplay® workshop with Phyllis Booth, ON, 2007
 - One day workshop with Ross Greene, Explosive Child, Kingston, ON, 2007
 - One day workshop, trauma with Dr. Bessel VanDerKolk, Toronto, ON, 2007
 - One day workshop with Dr. Bruce Perry, Cobourg, ON, 2007
 - Two day International Theraplay® Conference, Chicago, Ill, 2007
 - Two day Sandplay workshop, Kingston, ON, 2006
 - Two day International Play Therapy Workshop, Toronto, ON, 2006
 - Archetypes, 1 day workshop, Cobourg, Joanna Wiersma, Cobourg, ON, 2006
 - Transformational Journey Workshop, Gisela Schubach De Domenico, 2006
 - Canadian Sandplay Assoc, Philadelphia, Penn, 5 day workshop, 2001
 - Level 1 Sandplay Therapy, Toronto, Ontario, 2001
 - Narrative Therapy, Toronto, ON, 1998
 - Assessment, treatment of physically, sexually/mentally abused children, CAS 1976/91
 - Neurolinguistics Programming, Toronto, ON, 1991 – 1994
 - Adlerian Psychology, Gestalt Therapy, Transactional Analysis, 1975 - 1977

PUBLICATIONS

- The Theraplay® Institute Newsletter, 2011**
- Theraplay® in Haiti 2010
- Creative Family Therapy Techniques: Play, Art and Expressive Therapies to Engage Children in Family Sessions. (2010) Edited by Liana Lowenstein.**
- My Life in the Sandtray
- Playground (Canadian Play Therapy Association) 2010**
- Playground Goes to Russia 2010
 - Playground Goes to China 2010
 - Adoption, Play Therapy and Attachment Focused Family Therapy, 2009
- Adoption Today**
- Adoption, Attachment and Play Therapy 2008
- Family Helper;**
- Theraplay®: for parents and children 2002

DVDs and CDs PRODUCED BY SANDRA WEBB

- Building the Bonds of Attachment, CD 2007**
- CD, audio of the Building the Bonds DVD with Dr. Daniel A. Hughes
- Building the Bonds of Attachment, DVD 2006**
- Dyadic Developmental Psychotherapy with Dr. Daniel A. Hughes

AWARDS

- Northumberland Central Chamber of Commerce, Cobourg, ON 2004**

- President's Award for outstanding contribution to the community and the business community

Canadian Play Therapy Association, London, ON **2005**

- Monica Herbert Award for outstanding contributions to Play Therapy

BOARDS

Northumberland Central Chamber of Commerce, Cobourg, ON **2000 - present**

- Chair of the Board, **2011**
- First Vice President, 2010, Second Vice President, 2009, Executive Member at Large, 2008, Treasurer, **2007**
- Advocacy Committee, **2006 – 2010**
- Professional Development Committee, **2009 - present**
- Finance Committee, **2004**
- Ambassador for new members, **1999**

Canadian Play Therapy Association, London, ON

- Membership Committee, **2008 – present**
- Director, **1999 - 2000**

Northumberland Condo Corporation #39, Cobourg, ON

- Secretary, **2008 – present**

Big Sisters Association, Cobourg, ON,

1983 - 1988

Roseneath Fair Board, Roseneath, ON

1978 – 1990

OTHER PROFESSIONAL ACTIVITIES

Downtown Revitalization Committee, Town of Cobourg **2012**

Northumberland Futures Development Corporation, Cobourg, ON

- Judge, Bear's Lair competition for new business enterprises, **2010, 2011**

Northumberland Central Chamber of Commerce, Cobourg, ON

- Moderated Meet Candidates Night, Hamilton Township municipal election, **2006**

Adoption Council of Ontario, Toronto, ON

- Chair/Hospitality Committee, Seeds of Change Adoption Conference, **2002**

Ministry of Community and Social Services

- Selection Committee, approval and interviewing of new applicants to be Approved Adoption Practitioners for Ontario, **1998, 1999**
- Clinical Consultation Committee to discuss new policy matters, **1998 – 2006**
- Fall training committee for all private and public, 1998

Amateur actress. 1984 - present

PROFESSIONAL MEMBERSHIPS

- **Canadian Association for Sandplay Therapists**
- **Canadian Play Therapy Association**
- **Canadian Private Adoption Practitioners Association**
- **Northumberland Central Chamber of Commerce**
- **National Association Council for Adoptable Children**
- **Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists**
- **Theraplay® Institute, Chicago**